

The Next Edge

Coaching. Collaboration. Connection.
 April 18-19, 2015 New York, NY USA

Day One – Saturday, April 18

8:00 – 9:00 am	REGISTRATION and LIGHT BREAKFAST		
9:00 – 9:30 am	WELCOME, SETTING THE STAGE AND INTRODUCTION OF SPEAKER <i>Charlotte Morse</i>		
9:30 – 10:45 am	EDGE WALKING: a radical approach to connecting, collaborating and coaching <i>Vikram Bhatt</i>		
10:45 – 11:00 am	BREAK		
WORKSHOP SESSION 1			
11:00 – 12:45 pm	WORKSHOP A <u>Making Change Sustainable</u> <i>Martha Lasley and Deborah Howard</i>	WORKSHOP B <u>Coaching the 7 Billion... Starting with 50,000</u> <i>Kathy Grosso</i>	WORKSHOP C <u>Coaching with the Energetic Body: Spinning the Chakras for Awakening</u> <i>Leanne Whiting</i>
12:45 – 2:15 pm	LUNCH—Enjoying the city!		
WORKSHOP SESSION 2			
2:15 – 4:00 pm	WORKSHOP D <u>Cultural Competency in Coaching</u> <i>Belma González and J.R. Reynolds</i>	WORKSHOP E <u>My Coaching Business Has Not Taken Off: Why?</u> <i>Francisco Guzman</i>	WORKSHOP F <u>VOICE and CHOICE: Taking the Power of Coaching to Children</u> <i>Jagruti Gala</i>
4:00 – 5:00 pm	PROCESSING THE DAY <i>Vikram Bhatt, PCC</i>		

Day Two – Sunday, April 19

8:15 – 9:00 am	NETWORKING and LIGHT BREAKFAST		
9:00 – 9:30 am	GATHERING <i>Virginia Kellogg</i>		
9:30 – 11:00 am	OPEN SPACE <i>Michael Badger, Kathy Grosso</i>	WORKSHOP G <u>The West Meets the East: Transformation through a Tea Ceremony</u> <i>Salley Lee-Chung, Mich Kuroda</i>	
11:00 – 11:15 am	BREAK		
11:15 – 12:45 pm	OPEN SPACE (Continued) <i>Michael Badger, Kathy Grosso</i>	WORKSHOP H <u>Creating a Container: Complex Adaptive Systems</u> <i>Rashmi Dixit, Sushma Sharma</i>	
12:30 – 2:00 pm	LUNCH		
WORKSHOP SESSION 3			
2:00 – 3:45 pm	WORKSHOP I <u>Dancing Beyond the Edge: Your Life and Work as a Living System</u> <i>Lily Hollister, Virginia Kellogg</i>	WORKSHOP J <u>Group Coaching for People Professionals</u> <i>Chandra Llewellyn-Travis</i>	WORKSHOP K <u>Coaching in Social Justice Organizations</u> <i>Dara Silverman</i>
3:45 – 4:00 pm	BREAK and EVALUATIONS		
4:00 – 4:30 pm	CONFERENCE CLOSING <i>Martha Lasley</i>		

Plenary and Workshop Descriptions

Plenary: Edge Walking: a radical approach to connecting, collaborating and coaching (CCE Core Competency: 1.25)

What is edge-walking?

What would be different between leading a life where we avoid or jump over our edges vs. actually walking them? How do our clients, our partners and or work associates act as mirrors to us? What new possibilities can emerge for us through edge-walking?

We will answer these questions and inquire further into the idea of edge-walking and how it has the potential to lead us to our greater wholeness and access our deepest wisdom in a way that feels natural and sustainable.

We will explore ideas and thoughts about what it means to be a coach, a transformational alchemist in a globally connected world.

Innovative collaborative approaches are being birthed and practiced within coaching circles and in relationship with communities of practice who don't necessarily know anything about coaching. What could we learn from these experiments?

Together, there is a possibility of witnessing the edge we all can walk together as pioneers.

Open Space (CCE Resource Development: 3.0)

For open space we will be working with the conference theme of *Exploring Edges*. What are the wildly creative edges that you want to explore for yourself? What are the edges waiting to be discovered in your own community through coaching? And, what are the edges of opportunity available to all of us as part of the LTW community? We invite you to hold these questions as inquiries prior to the conference and take advantage of the richness of our connections to fully step into the possibilities of your growing edge.

The Open Space section of the conference is designed to run all morning with a break midway. Participants are encouraged to remain with the Open Space for both segments.

Workshop A: Making Change Sustainable (CCE Core Competency: 1.75)

Why is it so difficult for people to change, even when they have the best intentions? How do you help people unshackle their thinking and rise to new levels? The Immunity to Change methodology is amazingly simple, astoundingly deep and dramatically effective. We'll explore counter-commitments and behaviors that undermine aspirations. Once you make visible the impediments to personal and organizational transformation, people understand why prior efforts have failed to create sustainable change, and a totally new way to move forward emerges. Using Kegan and Lahey's ITC model, you'll discover a new way to see what really drives people and help them transform their frustrations and concerns into a powerful expression of themselves. Once clients identify the hidden, internal dynamic "protecting" them from the changes they most desire; they can take their foot off the brake and accelerate on this new pathway to freedom.

Workshop B: Coaching the 7 Billion ...Starting with 50,000 (CCE Resource Dev: 1.75)

How does a community act, feel, and respond when coaching is embedded throughout organizations? What if the 50,000 people of Battle Creek, Michigan approached challenges and change from a coaching mindset and were consistently 'coaching in the background?' From efforts in early childhood initiatives, racial equity work, and parent engagement in schools to changing mindsets and conversations, coaching is touching the hearts and impacting the work of people and organizations in this community of 50,000. We'll share our stories, the intentional and not-so-intentional outcomes of trainings and certifications, and inspire you to add your own number to the 7 billion!

Workshop C: Coaching with the Energetic Body: Spinning the Chakras for Awakening (CCE Core Competency: 1.75)

Chakra is a Sanskrit word that translates into "Wheel" and is used to help identify energetic areas located in the various parts of the body. The workshop helps define seven Chakras and unravels the energetic layers within chakra energy. The coaching listens for and identifies specific areas of oneself that can be broken into pieces of understanding to help define the whole person. These pieces may be the subtle result of habitual patterns and emotional blocks. The coaching practice will focus on bringing awareness to the physical and emotional components identified, as a means to reconnect to the whole self. This is a subtle and transformative way of using intuition along the body's natural energy to create inner awareness and positive transformation.

Workshop D: Cultural Competency in Coaching (CCE Core Competency: 1.75)

Race and cultural identity have little bearing on coaching outcomes because we're all human beings, right? Not so fast. It's true we're all equal, yet history and experiences of an institutional nature have created systematic conditions that impact the way we all operate in the world. Learn how being white can unknowingly influence your coaching; appreciate it means to be from a "different group" such as persons of color, immigrants or nonresidents (as well as persons with a disability, LGBTQ and others), identify ways to enhance your coaches stand through the lens of cultural competency.

Workshop E: My Coaching Business Has Not Taken Off: Why? (CCE Core Competency: 1.75)

Take a ride on a sky diving plane to explore your current business narrative, jump into new possible narratives and come to a safe landing - your truth to the question. Interactive individual and group fierce coaching creating spaces to be curious, explore and discover: **(Ride)** my business narratives; their impact (helpful- not helpful) in growing my business; **(Jump)** emerging business narratives from within - inner wisdom to take my breath away ; and, **(Land and Fold Your Parachute)** addendum to my coaching business plan - actions - for the next three months. Ride - Jump - Land. No One Died!

Workshop F: VOICE and CHOICE: Taking the Power of Coaching to Children (CCE Core Competency: 1.75)

This workshop will bring alive the powerful potential of how embedding Coaching Essentials in everyday interaction can contribute to a world of more compassionate VOICE and CHOICE with a special focus on children. We will explore using the Coaching Approach to reclaim, heal and nourish all forms of the Inner Child in adults (teachers and parents) in ways that will create a new respect for who children are in the scheme of life. We will also co create pathways to empower and equip the Magical/Divine Child in children to access it's potential and hold powerful conversations with the adult world in order to take their rightful place in the world.

Workshop G: The West Meets the East: Transformation through a Tea Ceremony (CCE Core Competency: 1.5)

Participants will experience cutting edge, mindfulness coaching in the workshop through the "tea ceremony", which is one of the traditions of East Asia. Tea ceremony creates space to connect to the heart in a natural way, opportunities to feel, see, smell, drink and enjoy the body. In this workshop, participants will experience a new set of values and needs including cultural awareness, prosperity, and heart, and may discover deeper unknown values

Workshop H: Creating a Container: Complex Adaptive Systems (CCE Core Competency: 1.5)

When we see nature adapt and evolve with changing environments and terrain we are filled with curiosity and rapture; this change or evolution is a function of the complex adaptive systems present in nature everywhere, from a leaf to a snowflake. These systems are closely interrelated and make up an ecosystem, which facilitates musical harmony of co-evolution. Just imagine- How would it be to bring this harmony in our Coaching relationships? To create a container for co-evolution? This workshop will help you explore the Complex Adaptive Systems at play in our coaching relationships, and make us aware of the container that we create. Participants of this workshop will experience their own sense of intimacy, spontaneity and creativity through usage of movement, theatre as well as conceptual understanding.

Workshop I: Dancing Beyond the Edge: Your Life and Work as a Living System (CCE Core Competency: 1.25 / Resource Dev: .50)

It's a privilege to be alive and active now, where the dynamic interfaces between old and new ways are awakening ever-greater creativity, compassion, and justice. You hold the power through your passion and influence to become a regenerative force for innovation and abundance.

In living systems, increased "edge" heightens diversity and resilience. This is also true of your life and work. We will explore permaculture principles, zones of influence and passion, and 8 forms of wealth to revolutionize your engagement with the world.

This workshop will illuminate how natural wisdom can transform your presence and purpose. A free follow-up call will deepen this learning and open space to co-create emergent possibilities.

Workshop J: Group Coaching for People Professionals (CCE Core Competency: 1.75)

This workshop examines how group coaching can provide greatly needed opportunities for community healers (people professionals) to heal from the fatigue and burnout associated with the work and its accompanying lifestyle. Culturally specific dynamics of group coaching will be explored through interactive demonstrations

Workshop K: Coaching in Social Justice Organizations (CCE Core Competency: 1.75)

As CFT expands to build community connections and support local efforts, coaches need more skills for working in diverse community organizations and supporting leaders. In this interactive session, participants will learn skills for supporting community leaders and practice coaching in real-life scenarios. Bring your interest, skills and questions and leave with practical skills for coaching an underserved and mightily deserving population.

Presenters' Biographies



Vikram Bhatt, PCC is an organization development consultant who has a vision to take Coaching for Transformation to 1100 Indians within the next 5 years. Vikram works as an organization development coach and co-founded Essence, a community that focuses on transformation and creation of joy and love for all.



Martha Lasley works with movers, shakers and changemakers who are passionate about human evolution. She integrates many transformational processes so that people, organizations and communities flourish. As an activist seeking environmental sustainability, she is most satisfied when making compost, experimenting with new ways to heal the soil, and growing nutrient-dense food. Committed to social change, she loves to connect with people who want to expand awareness and take action on issues of power, privilege and access to resources. She has authored three books: *Coaching for Transformation*; *Facilitating with Heart*; and *Courageous Visions*.



Deborah Howard, Esq., M.S.O.D., PCC, is a leading organizational consultant, professional certified coach, and author who previously worked as a public interest lawyer. She brings intercultural insight and a passion for social justice to her work as a change catalyst — helping leaders and their teams transform themselves and the world by tapping into their wisdom and creative potential. Deborah is a member and board member of the NTL Institute for Applied Behavioral Science, author of *Repairing the Quilt of Humanity: A Metaphor for Healing and Reparation*, and serves on the Editorial Board of *The Journal of Applied Behavioral Science*.



Kathy Grosso, CPC, was certified as a Professional Coach through the Coaching for Transformation Program in December, 2013. In addition, Kathy graduated from the Battle Creek's Civic and Community Leadership Coach Program 2012. Her coaching path continues with a desire to provide coach training to people in community and organizations that serve the people of those communities. She recently completed the Changemakers course, a Leadership that Works course that enabled her to hone her group facilitation skills.



Leanne Whiting is renowned for teaching yoga and coaching individuals with subtle alignment to the body, inspirational thoughts in the mind, and playful inquiries of the heart. Leanne taught at the Canadian International School of Hong Kong for five years after completing her Bachelor of Education and Undergrad in Child & Youth Development. A graduate from various schools of Hatha yoga and Leadership that Works, Leanne uniquely fuses the philosophical teachings of yoga with modern day practices of coaching, along with her love of adventure and play as a means to create inner awareness and conscious actions as a means for personal transformation. <http://www.leannewhiting.ca/>



Belma González is a veteran Professional Certified Coach (PCC) and co-founder of Prism Coaching, a group of coaches of color who consider the identification, understanding and use of cultural influences as an asset.



J.R. Reynolds is a Leadership Coach and blends this work with his role as director of the Calhoun Race Impact Alliance (CRIA), which informs and educates the community about issues related to race and culture. He also is Coordinator for Good Food BC, which conducts food movement work. He also is a communications consultant. J.R. was board president of Woman's Co-op and served on the Better Business Bureau's Wise Giving Alliance board in Washington, DC. Previously, he was a national trustee for the Recording Academy in Los Angeles. J.R. is a Michigan State University graduate and writes a weekly column in the Battle Creek Enquirer called Humans being.



Francisco Guzman is Founder and Owner of T.I.G.E.R. Coaching – Transformational Insight Generates Empowering Results. Creating Powerful Futures – Now! He enjoys creating space for people to find their voice and live their truth as it is and as it is emerging. Francisco works with individuals wishing to start their own private business or non-for profits prior to the development of the traditional business plan. Work available in English and/or Spanish. He is a frequent speaker at banks, credit unions, chambers of commerce and Rotary Clubs. The Transformational Agenda has been a key factor in being a recognized coaching expert in these venues. Turning Coaching into Cash—into Passion Fulfillment!



Jagruti Gala considers herself an agent of transformation and is thrilled to constantly push the edge of the consciousness in herself and in others, in order to create a world of greater fulfillment, compassion and joy! She takes pride in wearing several hats and is able to nourish the common thread of LEARNING IS LIBERATION that weaves its way through all of them. She is from India where she has founded and manages two non-profits in the field of education - www.auraplace.com, www.stones2milestones.com. They reach out to nearly 2500 children with high quality intervention. She professional development in Educational Design, Human Process Work, Appreciative Inquiry, Emotional Intelligence, Coaching, Parts Work and NVC. She is a member of the CFT Faculty, LTW - India.



Salley Lee-Chung is a CFT 2014 graduate, Certified Professional Coach (CPC), and Korean culture instructor. Born and raised in Korea, she loves to help young professionals in their sustaining their careers and life balance. She respects cultural diversity. Now she lives in New York with her husband and two sons.



Mich Kuroda is a CFT 2014 graduate, Certified Professional Coach (CPC). She is also a mediator, teacher and trainer. She was born in Japan. Currently, she is a Visiting Professor on international relations and diplomacy at Mercy College. Prior to this, she worked for the United Nations for 30 years and travelled all over the world working with people from diverse backgrounds.



Sushma Sharma, PCC is the founder-CEO, the spirit behind and an ever-evolving co-creator of Resonate Consulting. A passionate learner, she has learned through 29 years of intense and expansive work in the field of Organization Development. She has learned that people and organizations who can dream and work together to create the institutions of their dreams are “built to last.” She has many national and international accreditations to her credit.



Rashmii Dixit, ACC is an avid writer, poetess and a painter. Rashmii started her career in 1999 with Colgate-Palmolive. In 2008 she founded Infinite International to bring her ideas and beliefs of conscious capitalism into the corporate world. She works extensively with organizations and people and supports them in reaching their potential. In her Journey she has delved deep into herself and has found amazing gifts, which she intends to share with this world.



Lily Hollister is a recent Coaching for Transformation graduate and the founder of Zeitgift: Life Coaching for the Great Turning. “I’ve been living and working in Latin America for almost a decade, the last 5 years spent with indigenous groups in the Amazon. I gravitate to grassroots initiatives for justice which mimic the wisdom of the wild. I thrive when I can experiment with turning paradigms on their heads in order to maximize the dynamic interfaces between the status quo and possibility—dancing into the magic places. I have always been nurtured by the creativity inherent in mother earth, modeled and mirrored in my life by my own mother, Virginia Kellogg. The holarchy that holds us in this lineage also aligns us with our sacred purpose and each other.” <http://zeit.gift>



Virginia Kellogg, MCC, is a founding partner of Leadership that Works (LTW) and co-creator of the LTW Coaching for Community Transformation program. “I have been a student of the natural world for 55 years. My current work includes learning with my daughter, Lily Hollister, about daughter-mother reciprocity, and engaging in a conscious mirroring of our mutual learning journey. I awaken into surprising and magical wisdom through Lily’s support and how she challenges me, moving toward wholeness and a greater impact in the world. I want to spread the “positive virus of coaching,” creating access to these valuable skills to all people on the planet.”



Chandra Llewellyn-Travis is Advancing Potential, LLC's Chief Motivational Officer. Her practice specializes in professional development, coaching and facilitation. She works extensively with leadership teams and boards serving non-profit and faith-based organizations in the US, Republic of Korea, Uganda, Kenya and Brazil. She was the Director of Intercultural Outreach for the Korea Society, leading programs that fostered building bridges of interaction and cooperation across race, religion, culture and ethnicity. She was also Director of Youth Services for the National Urban League, serving 100+ cities. She developed and implemented this organization's first national youth leadership and led Stop the Violence campaigns.



Dara Silverman is a consultant, professional coach and trainer. She specializes in working with leaders to align their actions with their vision and values. She has worked with many groups including the [Brandworkers International](#), [ioby.org](#), [MinKwon Center for Community Action](#), [Lower Manhattan Cultural Council](#), [Jobs with Justice](#), [NY Lawyers for the Public Interest](#), [VOCAL-NY](#) and many others. She was the Executive Director of [Jews for Racial and Economic Justice](#) (JFREJ) from 2004-2009. Prior to her work at JFREJ, Dara worked with [United for a Fair Economy](#), [Neighbor to Neighbor](#) and on various local and national campaigns across the country. Dara has extensive experience developing and planning campaigns, supporting new and experienced leaders and organizers, grassroots, individual, special event and foundation fundraising, developing trainings and curriculum, strategic planning, and board development.



Michael Badger, CPC is a graduate of the Coaching for Transformation program and is working as a certified coach to help organized groups collaboratively find new ideas and innovations. As the Community Engagement Manager for Leadership that Works, Michael has lead the process of building a cohesive LTW graduate community, allowing alumni of the program to stay connected and further their coaching educations. Based out of New York City, Michael facilitates ChangeMaker courses and organizes large-scale community projects.